



THE SIGNS ARE CLEAR. LET THE AIR BE TOO.

It has been 25 years since federal law banned smoking on most U.S. domestic airline flights. If you're still struggling to fly without having a cigarette, Quitline Iowa is here to support you in quitting. Available 24/7, Quit Coach® staff members will help you create a tailored quit plan and support you to stay on track, even after you have your last puff. Call today. When you join the program, you may be eligible to receive 8 weeks of free NRT, which includes a choice of patch, gum, or lozenge.

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